one street over
TRAVEL & TOURS

2027 Women's Portugal Tour
Lisbon, Sintra & the Algarve

Dates: Oct 3—10, 2027

Price: $4,995 pp/double occupancy

Tour is limited to 8 guests.

A $350 deposit is required to reserve a space on the tour.

Single supplement $950

What's included

- Full-time tour leader
- Private ground transportation
- 7 overnights in boutique hotels
- All breakfasts, 2 lunches, 4 dinners with wine
- Lisbon food tour
- Full day wine tasting excursion
- Tour of Sintra with local guide
- Kayak excursion to Ponta da Piedade caves
- Full day Algarve excursion, including winery visit, tasting, and lunch
- All admission fees, tickets, and gratuities

**Airfare and airport transfers are not included, but we would be happy to assist you with both.*

What to Expect

Join us for the trip of a lifetime! You'll spend an unforgettable week with a small group of travelers, beginning in Lisbon and ending in Portugal's stunning Algrve region. Highlights include full day wine tasting excursion; visit to Sintra with a local guide; a Lisbon food tour; a kayak trip to the Ponta da Piedade caves; and a full day Algarve excursion.

Our Portugal Tour itinerary has been thoughtfully designed to include a balance of group activities and free time to relax or explore on your own, so you never feel rushed. We don't travel in order to check items off a list. For us–and we expect for you, too–the joy of travel comes from immersion in another culture, interactions with local people, and experiences that expand our horizons and introduce us to something new, whether it's a food we've never tried or an unfamiliar landscape. We view travel is a way not just to escape the mundane, but to connect with something greater. At its best, travel reveals how much we humans have in common, despite our language and cultural differences.

On this tour you'll get an in depth look at the culture and traditions of these two unique regions of Portugal. We'll meet local producers of olive oil and cheese who are passionate about their craft and still use methods passed down through generations of family. We'll enjoy amazing meals that range from from rustic home cooking to elevated fine dining, and are always authentic and delicious.

Not to mention the wine! We'll spend a full day visiting three different small wineries, sampling a variety of Portuguese grapes, from Moscatel de Setúbal to Arinto to Carcavelos. We'll visit a vineyard that's been operated by the same family for over a century and a renowned cellar with a storied history, all with a great view of the countryside.

Tour Itinerary

DAY 1 – Arrive at Lisbon Airport and transfer to your 4-star boutique hotel in the city center. After getting settled in, your tour leader will meet the group in the afternoon for introductions, followed by a get-acquainted walk around the neighborhood. Tonight, we'll dine together at a local restaurant within walking distance of our hotel.
Overnight Lisbon (1 of 4) – Included meals: Dinner

DAY 2 – After breakfast at the hotel, we'll head out for a day trip to Setubal where we'll visit three different vineyards. The first stop is at a well-known cellar, where you'll learn about the winery's history and sample some of its wines. Next we'll visit a vineyard owned by the same family for over a century. This cellar only produces a limited number of bottles a year, their wines sold directly to customers and not available in the U.S. In our third and final stop, we'll taste 3 wines along with some traditional, locally-produced cheese, bread, and meats. Along with the tastings, we'll enjoy beautiful views of the Arrábida Natural Park and its mountain range. Dinner in Lisbon is on your own tonight.
Overnight Lisbon (2 of 4) – Included meals: Breakfast, Lunch

DAY 3 – Today we'll take the train to neighboring Sintra, one of the most picturesque villages in Portugal. We'll meet our local guide for a walking tour that includes the iconic Pena Palace and its lush gardens. We return to Lisbon in the afternoon and for dinner tonight, we'll join a local cook for a very special 3-course meal with wine.
Overnight Lisbon (3 of 4) – Included meals: Breakfast, Dinner

DAY 4 – We'll spend the day in Lisbon, beginning with a walking food tour with a local guide who'll introduce us to some regional specialties like *chouriço* and *pastel de nata*. Between food stops, our host will show us the Church of São Roque, Mirador de Sao Pedro de Alcantara, and other Lisbon highlights. You'll have an afternoon to explore the city and have dinner on your own at one of Lisbon's many wonderful restaurants.
Overnight Lisbon (4 of 4) – Included meals: Breakfast, Lunch

DAY 5 – Today after breakfast, we leave Lisbon and head south to the Algarve region. On the way we'll stop in a picturesque town for lunch with a view before continuing on to our destination, the coastal town of Lagos. After checking into our 4-star hotel (with pool), we'll get our first tast of southern Portuguese cuisine at a group dinner with wine at a local restaurant.
Overnight Lagos (1 of 3) – Included meals: Breakfast, Dinner

DAY 6 – After breakfast, our driver will pick us up at the hotel for a full day tour of the stunning Algarve region of Portugal. Our first stop will be the market in the quaint fishing village of Loulé, with its colorful Moorish-inspired buildings. Next, we'll enjoy a lunch of local products on an organic farm, followed by a stop in the picturesque fishing village of Tavira. Our last stop of the day will be Cacela Velha, a hilltop town at the eastern end of the Ria Formosa, protected by a small walled fortress, and famous for its incredible views. Tonight when we return to Lagos, dinner is on your own.
Overnight Lagos (2 of 3) – Included meals: Breakfast, Lunch

DAY 7 – Today, enjoy a free morning to relax by the hotel pool or explore Lagos on your own. In the afternoon, we'll experience the Algarve from a new perspective when we embark on a guided kayak tour. We'll paddle along the rugged coastline from Lagos to the caves of Ponta da Piedade, take our time to check out the unique geological formations before heading back. After returning to the hotel, we'll meet up for a special farewell dinner in Lagos and raise a glass to our amazing week together in Portugal.
Overnight Lagos (3 of 3) – Included meals: Breakfast, Dinner

DAY 8 – After breakfast, we bid *adeus* to Portugal and transfer to Lisbon Airport for our flights home.
Included meals: Breakfast

Note: Travel involves a degree of unpredictability and at times we have to adjust the tour itinerary due to unforeseen circumstances. All advertised itinerary activities will occur, but times or dates may shift.

Meet Your Tour Leader

Janet Spicer has been afflicted by wanderlust for as long as she can remember. She's been traveling for over 25 years and visited as many countries in that time. She made sure her children had passports before they could walk, and one of her greatest joys as a mom has been introducing them to foreign cultures and seeing the world through their eyes.

Janet started One Street Over Travel to provide small group tours and custom travel planning for like-minded travelers, curious people who are interested in authentic experiences and in venturing off-the-beaten path. The name "One Street Over" came from her habit of choosing restaurants that are at least a street removed from tourist attractions like the Eiffel Tower or Colosseum, places that don't have an English menu and where locals are more likely to dine. Janet can't wait to introduce you to some of her favorite people and places in Portugal and create travel memories that will last a lifetime!

Getting there

International airfare is not included in the tour price, but One Street Over Travel can assist in booking your flights. You will fly into Lisbon's Humberto Delgado Airport, departing the U.S. on September 23 and arriving in Lisbon on September 24, 2027. Some guests choose to arrive a day before the tour starts to reduce jet lag. If you wish to do so, let us know and we will arrange an extra night at our Lisbon hotel.

The Fine Print

Payments: A $350 deposit is required to secure your place on the tour. This deposit is fully refundable for 7 days after receipt. Payment for the balance of the tour can be divided into equal monthly payments, with the final payment due 60 days before departure, or paid in two installments, the first due 6 months prior to departure, and the balance 60 days before departure. If you would like One Street Over Travel to book your airfare, a credit card, passport information, and class and seat preferences must be provided before booking. There is no additional charge for this service.

Cancellation Policy: The $350 tour deposit is refundable for 7 days after receipt. All other tour payments are refundable in the amount of 50% if cancellation request is received prior to June 24, 2027. All payments are non-refundable after June 24, 2027. Cancellation charges reflect the unrecoverable expenses incurred by One Street Over Travel and are not intended to be punitive.

Travel Insurance: One Street Over Travel does not sell travel insurance, but we recommend that guests purchase a travel protection plan. We are happy to direct you to websites that offer insurance policy comparisons and pricing information.

Activity Level: guests on the tour must be able to walk two miles at a leisurely pace, climb two flights of stairs, and carry their own luggage. Although the tour is not strenuous, there will be periods of standing, and walking on cobblestones, hilly streets, and uneven terrain.

We look forward to traveling with you!

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